

"Amazing step by step guide on how to reduce your baby's symptoms and prevent future crisis!"

—David Dion-Simard, DC, Chiropractic Physician  
Center of Alternative Medicine

"Six sleepless weeks and a colicky terror! Today, with infant massage therapy, Marie-Josée gave us our angel back."

—Myriam DiGiovann

The DVD is an excellent resource, easy to follow, accessible and informative. I've truly enjoyed connecting so intimately with my young son! The step by step instructions are invaluable. I highly recommend it!

—Sarah (Coral Springs)

The lessons shown on this DVD will aid in improving bonding, relaxation, body functions and brain development through gentle massage based stimulation of an infant.

Learn results-based techniques for easing:

- Crying
- Colic
- Acid Reflux
- Digestive issues
- Agitation
- Tension

- Read the enclosed information sheet before viewing
- Ensure that the infant can not fall or slide off the massage surface
- Never leave an infant unattended
- Only use grape seed oil, check with your pediatrician to ensure that the infant is not allergic
- Seek the advice of a physician before performing any massage
- If an infant has a temperature or is lethargic, get medical advice immediately
- An excessive coughing or crying infant should be seen by a physician immediately

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**Marie-Josée Berard,** with graduate studies in Montreal Canada, is a National Certified Licensed Massage Therapist with over 18 years of experience trained in nine (9) modalities, including: Reflexology Lymphatic Drainage Myofascial Release Specializing in Pre-Post Natal Massage Ms. Berard is approved by the Board of Florida Massage Therapy and is an Infant Massage Continuing Educational Provider. A leader in her industry, Marie-Josée is sought out by top doctors, birth centers, hospitals, and schools to share her knowledge and expertise. Her talents serve companies including but not limited to the Hyatt, Babies R Us, and Whole Foods. Marie-Josée's passion is to help support families through education in pre-natal and infant massage. Marie-Josée Berard is the mother of two and successful business owner of the Infant Massage Institute located in Tamarac, FL.

## Infant Massage

Marie-Josée Berrard  
PRESENTS

# Infant Massage



A natural approach for getting in touch  
with your baby at home



Infant massage techniques for bonding, relaxation  
and enhancing body functions.

A path to a happier and healthier baby

An easy to follow program that makes a difference.